

take the

# FMQ

FIGHTING MIGRAINE QUIZ



this quiz can help you have a more informed conversation with your healthcare provider about how you fight migraine



have you been diagnosed with migraine by a healthcare provider?

yes

no

if no, you can make an appointment with a healthcare provider and have a conversation about migraine.



in a typical month, how many migraine attacks do you have? Circle number that best applies

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30



how many different acute migraine treatments have you tried? Circle number that best applies

1 2 3 4 5 6 7 8 9 10 11 12+

acute treatments help to reduce migraine symptoms when they first begin.

When you're ready, write a few words about treatments you have used in the past. Be specific.



how many different preventive migraine treatments have you tried? Circle number that best applies

1 2 3 4 5 6 7 8 9 10 11 12+

preventive treatments are used to try to stop migraine symptoms before they start in the first place.



in a typical month, how many days are you impacted by migraine? Circle number that best applies

1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30

When you're ready, write a few words about the moments—family, social and/or professional — that migraine has taken from you.

Take these answers to your healthcare provider for a more informed conversation

## Important Safety Information

**Before starting Aimovig™ (erenumab-aooe),** tell your healthcare provider about all your medical conditions, including if you are allergic to rubber or latex, pregnant or plan to become pregnant, breastfeeding or plan to breastfeed.

Tell your healthcare provider or pharmacist about all the medicines you take, including any prescription and over-the-counter medicines, vitamins, or herbal supplements.

### What are possible side effects of Aimovig™?

The most common side effects of Aimovig™ are pain, redness, or swelling at the injection site and constipation.

Tell your healthcare provider if you have any side effect that bothers you or that does not go away. These are not all of the possible side effects of Aimovig™. Ask your healthcare provider or pharmacist for more information. Call your healthcare provider for medical advice about side effects.

You are encouraged to report side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

Please see **full Prescribing Information** available on [aimovig.com](http://aimovig.com).

## Approved Use

Aimovig™ is a prescription medicine used for the preventive treatment of migraine in adults.