

# Helping you share the impact of migraine on your life

This guide may be helpful to your doctor to see if Aimovig® (erenumab-aooe) is right for you.

There are two parts: a short medication history; and a validated migraine assessment called MIDAS that many doctors use to assess the impact of migraine.

## Medication History<sup>1</sup>

1. How many migraine days have you had in the past month? \_\_\_\_\_
2. How many preventive medications have you taken since being diagnosed? \_\_\_\_\_
3. How many days per month do you take rescue (acute) medication to stop a migraine? \_\_\_\_\_
4. Do you feel the need to increase your rescue medications for migraine? \_\_\_\_\_

## Migraine Disability Assessment (MIDAS) Questions<sup>2</sup>

5. On how many days in the past 3 months did you miss any of the below because of your headaches:
  - a)  Work or school \_\_\_\_\_
  - b)  Family, social, or leisure activities \_\_\_\_\_
  - c)  Household work (such as housework, home repairs and maintenance, shopping, or caring for children and relatives) \_\_\_\_\_
6. On how many days in the past 3 months was your productivity cut in half or more because of your headaches during:
  - a)  Work or school \_\_\_\_\_
  - b)  Household work \_\_\_\_\_

Note: Do not include days you counted in question 5.

**MIDAS\* score: add up the total number of days from questions 5-6 here.**

\*The MIDAS Questionnaire measures the days missed or impacted by migraine over the past 3 months.

## Approved Use:

Aimovig® is a prescription medicine used for the preventive treatment of migraine in adults.

## Important Safety Information

### Who should not use Aimovig®?

Do not use Aimovig® if you are allergic to erenumab-aooe or any ingredients in Aimovig®.

**Before starting Aimovig®**, tell your healthcare provider (HCP) about all your medical conditions, including if you are allergic to rubber or latex, pregnant or plan to become pregnant, breastfeeding or plan to breastfeed.

**Please see additional Important Safety Information on the next page.**



Tell your HCP about all the medicines you take, including any prescription and over-the-counter medicines, vitamins, or herbal supplements.

### What are possible side effects of Aimovig®?

#### Aimovig® may cause serious side effects, including:

- **Allergic reactions.** Allergic reactions, including rash or swelling can happen after receiving Aimovig®. This can happen within hours to days after using Aimovig®. Call your HCP or get emergency medical help right away if you have any of the following symptoms of an allergic reaction: swelling of the face, mouth, tongue or throat, or trouble breathing.
- **Constipation with serious complications.** Severe constipation can happen after receiving Aimovig®. In some cases people have been hospitalized or needed surgery. Contact your HCP if you have severe constipation.
- **High blood pressure.** High blood pressure or worsening of high blood pressure can happen after receiving Aimovig®. Contact your healthcare provider if you have an increase in blood pressure.

The most common side effects of Aimovig® are pain, redness, or swelling at the injection site and constipation.

These are not all of the possible side effects of Aimovig®. Call your HCP for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit [www.fda.gov/medwatch](http://www.fda.gov/medwatch), or call 1-800-FDA-1088.

**Please see the accompanying full Prescribing Information.**

**References:** 1. American Headache Society. The American Headache Society Position Statement on integrating new migraine treatments into clinical practice. *Headache*. 2019;59(1):1-18. 2. Stewart WF, Lipton RB, Dowson AJ, Sawyer J. Development and testing of the Migraine Disability Assessment (MIDAS) Questionnaire to assess headache-related disability. *Neurology*. 2001;56(suppl 1):S20-S28. doi:10.1212/wnl.56.suppl\_1.s20.