

Helping you share the impact of migraine on your life

This guide may be helpful to your doctor to see if Aimovig® (erenumab-aooe) is right for you.

There are two parts: a short medication history; and a validated migraine assessment called MIDAS that many doctors use to assess the impact of migraine.

Medication History¹

1. How many migraine days have you had in the past month? _____
2. How many preventive medications have you taken since being diagnosed? _____
3. How many days per month do you take rescue (acute) medication to stop a migraine? _____
4. Do you feel the need to increase your rescue medications for migraine? _____

Migraine Disability Assessment (MIDAS) Questions²

5. On how many days in the past 3 months did you miss any of the below because of your headaches:
 - a)  Work or school _____
 - b)  Family, social, or leisure activities _____
 - c)  Household work (such as housework, home repairs and maintenance, shopping, or caring for children and relatives) _____
6. On how many days in the past 3 months was your productivity cut in half or more because of your headaches during:
 - a)  Work or school _____
 - b)  Household work _____

Note: Do not include days you counted in question 5.

MIDAS* score: add up the total number of days from questions 5-6 here.

*The MIDAS Questionnaire measures the days missed or impacted by migraine over the past 3 months.

Approved Use:

Aimovig® is a prescription medicine used for the preventive treatment of migraine in adults.

Important Safety Information

Who should not use Aimovig®?

Do not use Aimovig® if you are allergic to erenumab-aooe or any ingredients in Aimovig®.

Before starting Aimovig®, tell your healthcare provider (HCP) about all your medical conditions, including if you are allergic to rubber or latex, pregnant or plan to become pregnant, breastfeeding or plan to breastfeed.

Please see additional Important Safety Information on the next page.



Tell your HCP about all the medicines you take, including any prescription and over-the-counter medicines, vitamins, or herbal supplements.

What are possible side effects of Aimovig®?

Aimovig® may cause serious side effects, including:

- **Allergic reactions.** Allergic reactions, including rash or swelling can happen after receiving Aimovig®. This can happen within hours to days after using Aimovig®. Call your HCP or get emergency medical help right away if you have any of the following symptoms of an allergic reaction: swelling of the face, mouth, tongue or throat, or trouble breathing.
- **Constipation with serious complications.** Severe constipation can happen after receiving Aimovig®. In some cases people have been hospitalized or needed surgery. Contact your HCP if you have severe constipation.
- **High blood pressure.** High blood pressure or worsening of high blood pressure can happen after receiving Aimovig®. Contact your healthcare provider if you have an increase in blood pressure.

The most common side effects of Aimovig® are pain, redness, or swelling at the injection site and constipation.

These are not all of the possible side effects of Aimovig®. Call your HCP for medical advice about side effects.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

Please see the accompanying full Prescribing Information.

References: 1. American Headache Society. The American Headache Society Position Statement on integrating new migraine treatments into clinical practice. *Headache*. 2019;59(1):1-18. 2. Stewart WF, Lipton RB, Dowson AJ, Sawyer J. Development and testing of the Migraine Disability Assessment (MIDAS) Questionnaire to assess headache-related disability. *Neurology*. 2001;56(suppl 1):S20-S28. doi:10.1212/wnl.56.suppl_1.s20.